

# Elle's

BAR & BISTRO

## DINNER MENU

### - STARTERS -

**Soup of the Day** €9.50  
Home Made Soup, Artisan Bread [1.a]9[11][V][VE][8]

**Seafood Chowder** €14.00  
Irish Soda Bread, Smoked Achill Sea Salt [1.a]7[4]2e[14.b,e]9]

**Louisiana Hot Chicken Wings** €14.50 / €19.50  
Celery Stick, Blue Cheese Sauce [3]7[9]10] (Small 9 wings/ Large 14 wings)

### - TO SHARE -

**House Platter** €32  
Mini Beef Sliders, Prawns, Spicy Chicken Wings, Sweet Potatoes Fries [1.a]2.e[3]7[10]

**Charcuterie Board** €35  
Italian Cured Meats, Irish Chesses, Kalamata Black Olives, Sun-dried Tomato, Sourdough, Artisan Crackers, Grapes, Walnuts [1.a]7[8.c]

**Artisan Cheese Board** €27.50  
Irish Cheeses, Kalamata Black Olives, Sun-dried Tomatoes, Sourdough Bread, Artisan Crackers, Grapes and Walnut. [1a]7[8.c]

### - CLASSICS -

**Fish & Chips** €22.50  
Battered Fish of the day, Fries, Basil Pea puree, Tartar Sauce [1.a]3[4]7[10]

**8oz Hereford Burger** €21.50  
Brioche Bun, Tomato, Lettuce, Ballymaloe Relish, Hot Fajita Cheese, Pickles & Fries. [1.a]3[7]10]  
(Gluten Free Bun Available)

**Chicken Sriracha** €21.50  
Marinated & Grilled Chicken Breast, Pretzel Bun, Crushed Avocado, Beetroot Slaw, Tomato, Baby Gem & Fries (Gluten Free Bun Available) [1.a]3[7]10]

**Irish Chicken Supreme** €24.50  
Mashed potatoes, Carrots, Forest Mushroom Cream Sauce [7]

### - SALADS -

**Superfood Salad** €16.50  
Quinoa, Long Stem Broccoli, Avocado, Beetroot, Blueberry, Sunflower Seeds, Feta, Toasted Almonds, Watermelon, Edamame Beans, Walnut Dressing [8.a,c]7[6][V][VE]- At request  
(Add Ballycotton Smoked Salmon, Grilled Chicken or Crayfish for €6.50)

**Caesar Salad** €15.50  
Bacon Lardons, Soft Boiled Egg, Croutons, Cos Lettuce, Aged Parmesan [1.a]3[4]7[10]  
(Add Ballycotton Smoked Salmon, Grilled Chicken or Crayfish for €6.50)

**Cauliflower Tempura** €17.50  
Mixed Peppers, Cucumber, Bean Sprouts, Red Onion, Coriander, Sweet Chilli, Ume Plum Sesame Seeds, Cashew Nuts [1.a]6[8.d]11[V][VE]

**Asian Pork Salad** €21.00  
Crispy Pork Belly, Mixed Peppers, Cucumber, Bean Sprouts, Red Onion, Coriander, Sweet Chilli, Cashew Nuts, Ume Plum Sesame Seeds [1.a]6[8.d]11]

### - SIDES - €7.00

**Creamy Mash Potatoes** [7]

**Wilted Greens** [7]

**Mixed Leaf Salad**  
Sun-Dried Tomatoes, Aged Parmesan Cheese [10]7]

**Sweet Potato Fries**  
Sweet Chilli Aioli [3]7[10]

**Skinny Fries**  
Garlic Mayo [3]7[10]

### - MAIN COURSE -

**Thai Green Curry** €24.50  
Chickpeas, Spinach, Mediterranean Vegetables, Coconut cream [1.a]9[V][VE]- [GF on Request]  
(Add Grilled Chicken or Prawns €6.50)

**Vermicelli Noodles** €25.50  
Asian Broth, Chestnut, Bamboo shoot, Green Vegetables served with choices of: Pork, Chicken or Prawns [1a]6[11]

**Spelt** €26.50  
Grilled Baby Artichokes, Kalamata Olives, Sun-Dried Tomatoes, Tomato & Basil Sauce, Vegan Parmesan Cheese [1.a]9[V][VE]  
(Add Grilled Chicken or Prawns €6.50)

**Seaweed Linguine** €26.50  
Clams, Mussels, Prawns, Rocket, Chilli, Lime, Cherry Vine Tomatoes [1.a]7[14.b,e]2d]

**21 day Aged 8oz Black Angus Sirloin Steak** €32.50  
Served with Portobello Mushrooms, Grilled Tomato, Onion Purée, Duck Fat Chips and choice of: Garlic Butter, Bearnaise or Peppercorn Sauce [1.c]3[4]7]

**Catch of the Day** €25.50  
Pan Fried Fillet of the day, Black Garlic Mash, Samphire Red Pepper & Sherry Vinegar Coulis [4]7]

### ALLERGENS

1. Gluten: [a] Wheat [b] Rye [c] Barley [d] Oats 2 Crustaceans: [a] Crab [b] Lobster [c] Crayfish [d] Shrimps [e] Prawns [f] Krill [3] Eggs [4] Fish [5] Peanuts [6] Soybeans [7] Milk [8] Nuts: [a] Almonds [b] Hazelnut [c] Walnuts [d] Cashew [e] Pecan [f] Brazil nuts [g] Pistachio [h] Macadamia [j] Queensland nut [9] Celery [10] Mustard [11] Sesame [12] Sulphur dioxide [13] Lupin [14] Mollusks: [a] Snails [b] Clams [c] Oyster [d] Scallops [e] Mussels [f] Squid [g] Octopus [h] Cuttlefish. V - VEGETARIAN VE - VEGAN GF - Gluten Free

All nut free dishes are prepared nut free, however not within a nut free environment.

Should you have any food allergies or specific dietary requirements, please inform your server who will be happy to assist you