

# Elle's

BAR & BISTRO  
DINNER MENU

## - STARTERS -

**Soup of the Day** €8.50  
Home Made Soup, Artisan Bread [1.a]9[11][V][VE]8]

**Seafood Chowder** €12.50  
Irish Soda Bread, Smoked Achill Sea Salt [1.a]7[4]2e[14.b,e]9]

**Louisiana Hot Chicken Wings** €13.50/€17.50  
Celery Stick, Blue Cheese Sauce [3]7[10] (Small 9 wings/ Large 14 wings)

## - TO SHARE -

**House Platter** €29  
Mini Beef Sliders, Prawns, Spicy Chicken Wings, Sweet Potatoes Fries  
[1.a]2.e[10]3[7]9]

**Charcuterie Board** €32  
Italian Cured Meats, Irish Chesses, Kalamata Black Olives, Sun-dried Tomato,  
Sourdough, Artisan Crackers, Grapes, Walnuts [1.a]7[8.c]

**Artisan Cheese Board** €25  
Irish Cheeses, Kalamata Black Olives, Sun-dried Tomatoes, Sourdough Bread,  
Artisan Crackers, Grapes and Walnut. [1a]7[8.c]

## - CLASSICS -

**Fish & Chips** €20.50  
Battered Fish of the day, Fries, Basil Pea puree, Tartar Sauce [1.a]3[4]7[10]

**Boz Hereford Burger** €19.50  
Brioche Bun, Tomato, Lettuce, Ballymaloe Relish, Hot Fajita Cheese, Pickles & Fries.  
[1.a]3[7]10]  
(Gluten Free Bun Available)

**Chicken Sriracha** €19.50  
Marinated & Grilled Chicken Breast, Pretzel Bun, Crushed Avocado, Beetroot Slaw, Tomato,  
Baby Gem & Fries (Gluten Free Bun Available) [1.a]3[7]10]

**Irish Chicken Supreme** €22.00  
Mashed potatoes, Carrots, Forest Mushroom Cream Sauce [7]

## - MAIN COURSE -

**Thai Green Curry** €22.00  
Chickpeas, Spinach, Mediterranean  
Vegetables, Coconut cream  
[9][V][VE]  
(Add Grilled Chicken or Prawns €5.50)

**Vermicelli Noodles** €23.00  
Asian Broth, Chestnut, Bamboo shoot,  
Green Vegetables served with choices  
of: Pork, Chicken or Prawns [1a]

**Spelt** €24.00  
Grilled Baby Artichokes, Kalamata Olives,  
Sun-Dried Tomatoes, Tomato & Basil  
Sauce, Vegan Parmesan Cheese  
[1.a]9[V][VE]  
(Add Grilled Chicken or Prawns €5.50)

**Seaweed Linguine** €24.00  
Clams, Mussels, Prawns, Rocket, Chilli,  
Lime, Cherry Vine Tomatoes  
[1.a]7[14.b,e]2d]

## - SALADS -

**Superfood Salad** €15.00  
Quinoa, Long Stem Broccoli, Avocado, Beetroot,  
Blueberry, Sunflower Seeds, Feta, Toasted  
Almonds, Watermelon, Edamame Beans, Walnut  
Dressing [8.a]7[6][V][VE]- At request  
(Add Ballycotton Smoked Salmon, Grilled Chicken or Crayfish  
for €5.50)

**Caesar Salad** €14.00  
Bacon Lardons, Soft Boiled Egg, Croutons, Cos  
Lettuce, Aged Parmesan [1.a]3[4]7[10]  
(Add Ballycotton Smoked Salmon, Grilled Chicken or Crayfish  
for €5.50)

**Cauliflower Tempura** €16.00  
Mixed Peppers, Cucumber, Bean Sprouts, Red  
Onion, Coriander, Sweet Chilli, Ume Plum  
Sesame Seeds, Cashew Nuts [1.a]8.d[V][VE]

**Asian Pork Salad** €19.00  
Crispy Pork Belly, Mixed Peppers, Cucumber,  
Bean Sprouts, Red Onion, Coriander, Sweet  
Chilli, Cashew Nuts, Ume Plum Sesame Seeds  
[8.d]1.a]

## - SIDES - €6.50

**Creamy Mash Potatoes**  
[7]

**Wilted Greens**  
[7]

**Mixed Leaf Salad**  
Sun-Dried Tomatoes,  
Aged Parmesan Cheese  
[10]7]

**Sweet Potato Fries**  
Sweet Chilli Aioli  
[3]7[10]

**Skinny Fries**  
Garlic Mayo  
[3]7[10]

**21 day Aged Boz Black Angus Sirloin Steak** €29.50  
Served with Portobello Mushrooms,  
Grilled Tomato, Onion Purée, Duck Fat  
Chips and choice of: Bearnaise,  
Peppercorn Sauce or Garlic Butter [3]7]

**Catch of the Day** €23.00  
Pan Fried Fillet of the day, Black Garlic  
Mash, Samphire Red Pepper & Sherry  
Vinegar Coulis [7]

## ALLERGENS

1. Gluten: [a] Wheat| b) Rye| c) Barley| d) Oats| 2 Crustaceans: [a] Crab| b) Lobster| c) Crayfish| d) Shrimps| e) Prawns| f) Krill| 3 Eggs| 4 Fish| 5  
Peanuts| 6 Soybeans| 7 Milk| 8 Nuts: a) Almonds| b) Hazelnut| c) Walnuts| d) Cashew| e) Pecan| f) Brazil nuts| g) Pistachio| h) Macadamia  
[j] Queensland nut| 9 Celery| 10 Mustard| 11 Sesame| 12 Sulphur dioxide| 13 Lupin| 14 Mollusks: [a] Snails| b) Clams| c) Oyster| d) Scallops| e)  
Mussels| f) Squid| g) Octopus| h) Cuttlefish. V- VEGETARIAN VE- VEGAN GF- Gluten Free

*All nut free dishes are prepared nut free, however not within a nut free environment.*